

5. Can I eat normally with dentures?

You may need to modify your diet initially, opting for softer foods as you adjust. Over time, you should be able to eat most foods with practice.

6. Are there any foods I should avoid with dentures?

Hard, sticky, or chewy foods can be challenging to eat with dentures. Avoid these until you feel comfortable with your prosthesis.

7. What is a denture reline?

A denture reline is a procedure to adjust the fit of your dentures by adding new material to the underside. This is often needed as your mouth changes shape over time.

8. How can I prevent fungal infections while wearing dentures?

To prevent fungal infections, maintain good oral hygiene by cleaning your dentures daily, removing them at night, and keeping your mouth clean. Avoid sugary foods and drinks, as they can promote fungal growth.

9. What should I do if I accidentally drop my prosthesis?

If you drop your prosthesis, check it for any signs of damage. Rinse it thoroughly before reinserting it. If you notice any cracks, contact us for an evaluation.

10. How do I safely remove my prosthesis?

To safely remove your prosthesis, follow these steps:

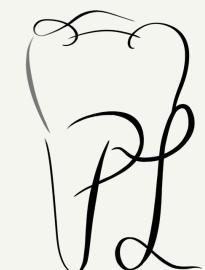
Prepare: Place a towel in the bottom of the sink to cushion the prosthesis in case it slips. Wash your hands with soap and water.

Remove Gently: Use your fingers to gently loosen the prosthesis from your gums and/or teeth. Start at the back and work your way forward.

Avoid Force: Never pull too hard; if it feels stuck, try taking a sip of water and/or using a clean towel to create friction between the prosthesis and your fingers.

Post-Procedure Instructions:

Removable Prosthetics (Dentures)



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Your New Prosthetic

- Congratulations on receiving your new removable prosthesis (denture, partial denture, or overdenture).
- Please follow these instructions to ensure proper care and maintenance.

Initial Adjustments

- Attend your scheduled follow-up appointments (i.e., 24 hours, 1 week, 2 weeks, and/or 4 weeks) after receiving your prosthesis, as directed by Dr. Breitman.
- Sore areas will inevitably form after fitting your new dental prosthesis. The prosthetic will be adjusted to relieve pressure in these areas at your follow-up appointments.

Daily Cleaning

- Gently clean your prosthesis daily to remove bacteria and plaque.
- Use an appropriate dentifrice (denture cleaner). We recommend using a gentle dish detergent to clean your prosthesis.

Overnight Care

- Remove your prosthesis at night or at least for 4 hours within a 24-hour period, unless instructed otherwise.
- This period is necessary to allow your tissues to remain healthy.

Storage

- Store your prosthesis in the provided container with fresh water, changing the water daily.
- If the prosthesis will be out for an extended period, keep it in a closed container with water in the refrigerator to prevent contamination and bacterial or fungal growth.

Important Notes

- Proper care is essential for your health and the longevity of your prosthesis.
- If you experience any discomfort or issues, please contact our office.

FAQs

1. How long does it take to get used to wearing dentures?

Most patients take a few weeks to adjust to their new dentures. It's normal to feel some discomfort initially, but this should improve as you become accustomed to them.

2. Will dentures affect my speech?

You may notice some changes in your speech when you first start wearing dentures. Practice speaking out loud to help improve your pronunciation and comfort.

3. How often should I see my dentist after getting dentures?

Regular check-ups are important for maintaining your oral health and ensuring your dentures fit properly. Schedule visits as recommended by your dentist.

4. What should I do if my dentures feel loose or uncomfortable?

If your dentures feel loose or cause discomfort, adjustments may be necessary to improve the fit. For example, if you have resilient attachments in your denture, these may need to be changed periodically to improve the retention.